



Guru Vishwambharkrupa Bahuuddeshiya Shikshan Prasarak Mandal Lakkadjawalga's

**SHIVNERI MAHAVIDYALAYA,
SHIRUR ANANTPAL, DIST. LATUR- 413544**

BEST PRACTICE-II

**Installation of Sanitary Napkin Vending Machine
& Destroyer**

Academic Year 2020-21

INTERNAL QUALITY ASSURANCE CELL



Hygiene

“Installation of Sanitary Napkin Vending Machines & Destroyer”

Objectives

1. To sensitize the Girl students and Women employees regarding the process of menstruation
2. To make girl students aware of diseases and other problems associated with non-use of sanitary napkins.
3. Insisting girl students to use of sanitary napkins during menstruation.
4. To aware the Girl students regarding the use of sanitary pad vending machine and destroyer unit.
5. To aware the Girl students regarding the need and importance of use of destroyer unit for safe disposal of sanitary napkins.

Poor menstrual management and traditional methods leads to a various medical complication. There is need to aware the girl students for menstrual management and breaking the silence and stigma around menstruation on the issue of safe use and disposal to promote personal hygiene.

It is convenient to pick up the pads independently with hassle free operation. The motive behind this machine is to promote menstrual health of the girls of college which ensure to provide the sanitary napkin at any time on the need & to encourage them against using traditional methods.

Intended outcomes

1. Sanitary pad vending machine will facilitate the Girl students during their menstruation.
2. Facility of availability of sanitary pad in ladies toilet will help to avoid their absence during menstruation.
3. It will help to maintain the hygiene and health of Girls students to avoid the diseases associated with use of non-hygienic material during menstruation.
4. The sanitary pad destroyer unit will mitigate the issue of disposal of sanitary pads.

The Context:

Over the past few years, working with a wide range of stakeholders, the Menstrual Hygiene Alliance of India (MHAI) has approximated that there are 336 million menstruating women in India, of which 36 per cent use disposable sanitary napkins that totals to 121 million women. The number of sanitary napkins used per menstrual cycle at a conservative eight plus that for the year,



implies that India has 12.3 billion disposable sanitary napkins to take care of every year, majority of which are not biodegradable/compostable.

There are widespread superstitions that center on menstruation along with the serious environmental hazards in our society. Some customs and taboos even extend till the point where menstruating women cannot go in kitchen prayer room or touch any utensils.

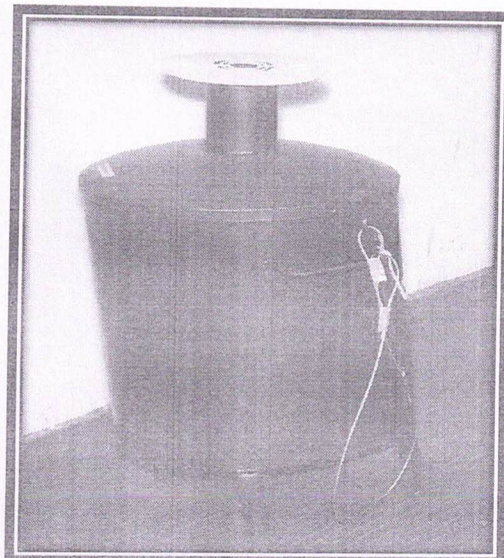
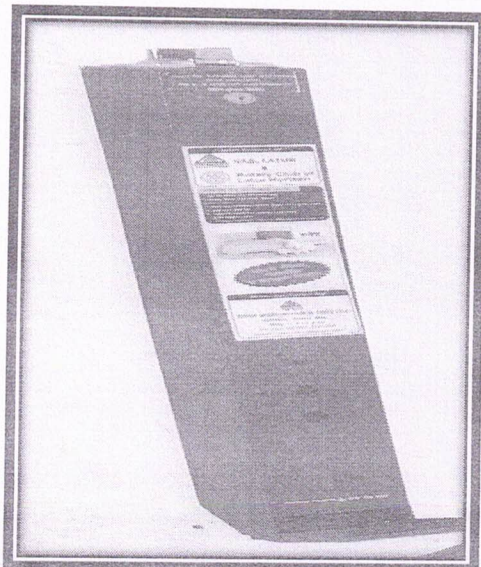
As the institution belongs to rural area and the enrolled girls are coming from villages are victims of misbelieve and taboo towards menstrual cycle. This results in unsafe practices and the use of unhygienic materials during their menstrual period. During this period the girl student usually prefers to stay at home which results to affect their attendance.

Unfortunately, due to lack of knowledge on menstruation preparedness and management or due to shyness and embarrassment the situation becomes worse for girls. Menstruation is a natural process but it is still a taboo in Indian society as it is considered unclean and dirty.

There was a strong need to sensitize them regarding necessity to use sanitary pads during menstruation to avoid health related issues.

The Rotary club of Latur has given a one sanitary pad vending machine and destroyer unit to the institution. The vending machines were installed to ensure an effective, safe and convenient mode for any time access to sanitary napkins. The purpose is to promote safe and hygienic- sanitary practices among women and girls. This unit has been installed in ladies toilet for their use.

Customarily for disposal of sanitary pad, the burning or burrowing in pit has been employed. But the destroyer unit helps to safe disposal of sanitary pads. The gas driven disposal unit assist to mitigate the generation of waste.



Sanitary Pad Vending Machine & Destroyer unit provided by Rotary club of Latur Dist.-3132



In order to sensitize the girls were regarding the use of sanitary pads; the lady teachers taken efforts through counseling and demonstration of the unit. The sanitary pad vending machine and destroyer unit has been installed in girl's toilet for their convenience. In this machinery sanitary napkins are kept and can be taken out very easily and used. After use of napkins it can be disposed within few minutes. For this machine to work there is requirement of gas which is provided. Incineration is carried out by using this gas burner and ashes produced are disposed off easily.



Demonstration session to Girls for use of sanitary pad vending machine and destroyer unit




Evidence of Success:

The facility of sanitary pad vending machine helps to uplift the morals of girls to use the sanitary pads during their menstruation. It led to maintain their regularity in college even during the menstruation.

Problem Encountered:

Due to Covid-19 pandemic during the current academic year the facility of offering sanitary pad to girls and women employees was not fully utilized. Furthermore, the sensitization activity of girl students regarding the use of the facility in campus was not carried out due to lockdown period up to large extent.


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