

Guru Vishanmbhar Krupa Bahuudeshiy Shikshan prasarak mandal Lakadjawalga,

# Shivneri Mahavidyalay, Shirur Anantpal Dist. Latur-413544

Title of the Practice:

# Promoting Holistic Development through Sports Activities Academic Year 2017-18 to 2023-24

Submitted to

Internal Quality Assurance Cell (IQAC)

Submitted

by

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# Promoting Holistic Development through Sports Activities

#### Introduction:

Shivneri Mahavidyalaya, located in Shirur Anantpal, Latur district, Maharashtra, stands as a testament to the power of education and its ability to transform lives, especially in rural areas. Established in 2000, the college was born out of a vision to provide accessible and quality higher education to students from diverse rural backgrounds. The college was founded by Late Adv. Mane Vishwambharrao (Saheb), who recognized the need for higher education facilities in the region. He, along with other members of the Guru Vishwambhar Krupa Bahuuddeshiya Shikshan Prasarak Mandal, established the college to bridge the gap and empower rural youth. Initially, Shivneri Mahavidyalaya started with just the Faculty of Arts. Recognizing the growing demand, the college expanded its offerings to include the Faculties of Commerce and Science in 2009. This expansion enabled students to pursue diverse academic aspirations closer to home. Since its inception, Shivneri Mahavidyalaya has played a pivotal role in transforming the educational landscape of rural Latur. By providing accessible and affordable education, the college has empowered thousands of students, particularly girls, to pursue higher education, break free from social and economic barriers, and contribute meaningfully to their communities.

The Department of Sport at Shivneri Mahavidyalaya Shirur Anantpal Dist. Latur was established in 2000 with the vision of "To provide a better environment and adequate sports facilities to students for their active participation in various sports which helps them to maintain physical and mental fitness", and also with the mission of the sports plays a crucial role in human life, as if help to learn discipline, activeness, to make students obedient, decision making ability, flexibility, self confidence and positive attitude, flexibility, self confidence and positive attitude through games. We believe that participation in sports goes beyond physical fitness and contributes significantly to personality development, leadership skills, teamwork, and mental resilience.

#### Objectives:

- To provide opportunities for students to participate in various sports activities throughout the academic year.
- > To promote physical fitness and overall health among students.



- To inculcate sportsmanship, discipline, and teamwork spirit.
- To identify and nurture talented athletes and provide them with opportunities to excel at various levels.
- To organize sport events and computation to educate students on the importance of sports in life.
- > To promote the importance of physical fitness and overall well-being.

#### Facilities:

- Playground: The department has a well-maintained playground for outdoor sports like cricket, football, Kho-Kho, kabaddi, and volleyball.
- Multi-Sport Indoor Game Hall: This facility caters to indoor games like badminton, Chess, Taykando, Wrestling, table tennis, and carrom.
- Gymnasium: The gymnasium is equipped with modern equipment for strength training, weightlifting, and cardiovascular exercises.
- Badminton Wooden Courts: Dedicated badminton courts provide a platform for students to hone their skills in this popular sport.
- Sports Equipment: The department has a wide range of sports equipment available for students to use during practice and competitions.

#### Evidences of Success:

- Increased participation in sports activities: Over the past years, we have witnessed a significant rise in the number of students participating in various sports events organized by the department, College, Inter-University and National level.
- Improved performance in inter-collegiate competitions: Our teams have consistently secured top positions in various inter-collegiate sports tournaments.
- Recognition and awards: Several of our athletes have received individual accolades and recognition for their outstanding performance.



 Positive feedback from students: Students have expressed their appreciation for the department's initiatives and the positive impact of sports activities on their overall well-being.

## Academic Year 2017-18

Table 1.

Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
				Sports	Honmale Sambhaji Gangadhar
					Honmale Shivaji Gangadhar
	Volley Ball	Team	(First Prize) Inter Zone (University)		Untawale Nabi Salim
					Mali Nitin Dhondiram
					Girniwale Mujahid Mahemud
					Umate Ravishankar Balaji
					Honmale Akash Suryakant
					Honmale Somnath Baburao
					Nanure Mahadev Ashok
2017- 18					Kumbhar Akash Venkatrao
10					Melkunde Nagesh Rajkumar
					Patil Rushikesh Sunil
	Wrestling 97 KG	Individual	First Prize Inter Zone (Inter college) Univesity		Gambhire Vishal Shivaji
	Wrestling 74 KG	Individual	First Prize Inter Zone (Inter college) Univesity		Tatpure Vishnu Sopan
	Wrestling 70 KG	Individual	Second Prize Inter Zone (Inter college) Univesity		Birajdar Amrut Sanjay



Wrestling 61 KG	Individual	Second Prize Inter Zone (Inter college) Univesity	Bhuibhar Yeshwant Hanmant
Wrestling 65 KG	Individual	Third Prize Inter Zone (Inter college) Univesity	Mukdam Amar Bhart

The table 1. shows that Shivneri Mahavidyalaya students have won many awards/medals in various sports activities at different levels. In 2017-18, the volleyball team won first prize in the Inter Zone (University) competition. In the same year, Vishal Shivaji Gambhire won first prize in individual wrestling (97 KG) in the Inter Zone (University) competition.





Photo of academic year 2017-18, the volleyball team won first prize in the Inter Zone (University) competition, individual wrestling (97 KG) in the Inter Zone (University) competition and News published in newspapers.

## Academic Year 2018-19

Table 2,

Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
	Wrestling 97 KG	Individual	First Prize Inter college Inter Univesity	Sports	Gambhire Vishal Shivaji
	Wrestling 74 KG	Individual	First Prize Inter college Inter Univesity		Tatpure Vishnu Sopan
	Wrestling 74 KG	Individual	First Prize Inter college Inter Univesity		Tatpure Vishnu Sopan
018-					Honmale Sambhaji Gangadhar
19					Honmale Shivaji Gangadhar
					Sarole Yogesh Satish
- 1					Shinde Sadanand Mahadev
	Valley Dell	-	(Third Prize) Inter Zone		Bagwan Najim Mehtab
- 1	Volley Ball	Team	Inter College		Umate Ravishankar Balaji
			(Univeristiy)		Honmale Akash Suryakant
			=		Vane Suraj Bhart
					Bhikka Ratndeep Umakant
					Joshi Rushikesh Madhav Melkunde Nagesh Rajkumar
					Patil Rushikesh Sunil



Taekwondo (54 KG)	Individual	dual Second Prize Inter Zone (Inter college) University		Honmale Akash Suryakant
Wrestling 74 KG	Individual	First Prize Inter Zone (Inter college) Univesity	Sports	Tatpure Vishnu Sopan

In the academic year 2018-19, Shivneri Mahavidyalaya witnessed remarkable achievements in various sports disciplines. Vishal Shivaji Gambhire displayed exceptional prowess in wrestling, securing the first prize in the 97 KG category at both inter-college and inter-university levels. Similarly, Vishnu Sopan Tatpure showcased remarkable skill by clinching the first prize in the 74 KG category twice at inter-college and inter-university competitions. The volleyball team also made a significant mark, securing the third prize at the inter-zone inter-college and university level competition. The team comprised talented players like Sambhaji Gangadhar Honmale, Shivaji Gangadhar Honmale, Yogesh Satish Sarole, Sadanand Mahadev Shinde, Najim Mehtab Bagwan, and others. Additionally, Akash Suryakant Honmale exhibited proficiency in Tackwondo, earning the second prize in the 54 KG category. These achievements underscore the dedication, hard work, and talent prevalent in the sports fraternity of Shivneri Mahavidyalaya during the stated academic year.





# Photograph of witnessed remarkable achievements in various sports disciplines

#### Taekwondo inter college competition

The Taekwondo inter college was organized by Shivneri Mahavidyalaya on 20 December 2018. The event was held at the college's sports indoor game hall and saw participation from over 30 students from various colleges in the A zone. The competition was held in different weight categories for both boys and girls. The winners were awarded medals and trophies. The event was a great success and helped to promote the sport of Taekwondo in the A zone.









# Some evidence of Taekwondo inter college competition

#### Academic Year 2019-20

Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
2019- 20	Silver Medal	Individual	University Zone-	Sports	Kale Ganesh Subhash
	Silver Medal	Individual	University Central Zone	Sports	Kale Ganesh Subhash
	Silver Medal	Individual	University Zone - A	Sports	Pathan Baba Gauskhan



In the academic year 2019-20, Shivneri Mahavidyalaya witnessed notable achievements in sports, particularly in the university-level competitions. Ganesh Subhash Kale exhibited exceptional skill and determination by clinching silver medals in wrestling two consecutive competitions: the University Zone-A and University Central Zone competitions, both at the individual level. His consistent performance highlights his dedication to excellence in sports. Additionally, Baba Gauskhan Pathan also showcased remarkable talent by securing a javelin throw silver medal in the University Zone-A competition. These achievements not only reflect the individual prowess of Kale and Pathan but also underscore the rigorous training and support provided by the sports department of Shivneri Mahavidyalaya. Their success serves as an inspiration to aspiring athletes and contributes to the overall sporting culture and reputation of the institution.



Event news published in Newspaper

## Fencing inter college competition (Men and Women)

On December 9th, 2019, blades clashed and precision reigned at Shivneri Mahavidyalaya, Shirur Anantpal, as the college hosted a thrilling Fencing Inter-College Championship. Colleges from the district came together, sending their finest fencers to battle it out in individual and team categories. With nimble footwork and focused strikes, athletes dueled in both épée and foil, captivating the audience with displays of skill and strategy. Trophies glistened as victors were crowned, their triumphs echoing the dedication and discipline that went into mastering this unique sport. The event not only celebrated fencing excellence but also fostered camaraderie and friendly competition, leaving a lasting mark on the college's sporting calendar.









## **Evidence Fencing inter college competition**

#### Academic Year 2020-21

Due to the ongoing COVID-19 pandemic in the academic year 2020-21, most educational institutions, including Shivneri Mahavidyalaya Shirur Anantpal, were forced to cancel or significantly modify most in-person events across all disciplines. This included both sporting and cultural activities, as prioritizing the health and safety of students and staff remained paramount.

While the lack of physical events was certainly a challenge, some institutions explored alternative solutions to maintain some semblance of normalcy and community engagement. These could include: Virtual yoga day events Online platforms enabled the organization of e-yoga day.

It's important to remember that the academic year 2020-21 presented exceptional circumstances, and the absence of physical events shouldn't diminish the efforts and achievements of students and faculty during that time. Their resilience and adaptability in the face of a global pandemic are commendable.



Evidence of Virtual yoga day events online platforms



# Academic Year 2021-22

Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
	Javelin Throw	Individual	First Prize Inter college Inter Univesity	Sports	Ahirrao Prathmesh Yogesh
	Javelin Throw	Individual	Second Prize Inter college Inter Univesity	Sports	Bagwan Sirajoddin Jahangi
	Wrestling 79 KG	Individual	First Prize Inter college (University)		Salunke Ganesh Rajendra
	Wrestling 65 KG	Individual	Second Prize Inter college (University)	Sports	Bhure Pravin Mahadev
2021- 22	Judo 77 KG	Individual	First Prize Inter college (University)	Sports	Salunke Ganesh Rajendra
f	Fencing	Individual	Second Prize Inter University A Zone	Sports	Shinde Amol Gangadhar
	Fencing	Individual	First Prize Inter University A Zone	Sports	Lohar Vishal Siddheswar
	Fencing	murvidual	First Prize Inter University	Sports	Lohar Vishal Siddheswar
	Fencing	Individual	Second Prize Inter University	Sports	Shinde Amol Gangadhar

In the academic year 2021-22, Shivneri Mahavidyalaya witnessed an outstanding display of talent and achievement in various sports disciplines. Prathmesh Yogesh Ahirrao showcased



remarkable skill in Javelin Throw, securing the first prize in both inter-college and interuniversity competitions. Similarly, Sirajoddin Jahangir Bagwan demonstrated commendable performance, earning the second prize in the same event. In wrestling, Ganesh Rajendra Salunke clinched the first prize in the 79 KG category, while Pravin Mahadev Bhure secured the second prize in the 65 KG category, both at the inter-college level. In Judo, Salunke Ganesh Rajendra once again showcased his dominance by securing the first prize in the 77 KG category.

The fencing category saw exceptional performances from Amol Gangadhar Shinde and Vishal Siddheswar Lohar. Shinde secured the second prize in the Inter University A Zone, while Lohar clinched the first prize in the same competition. Lohar continued his winning streak by securing the first prize at the Inter University level, with Shinde following closely with the second prize.

These achievements highlight the dedication, hard work, and talent prevalent among the students of Shivneri Mahavidyalaya. The success in various sports disciplines not only reflects the individual prowess of the athletes but also underscores the rigorous training and support provided by the sports department. Such remarkable performances contribute significantly to the sporting culture and reputation of the institution, inspiring other students to excel in their chosen sports and bringing pride to the college at both inter-college and inter-university levels.





Event news published in Newspaper

# Academic Year 2022-23

Year	Name of the award/ medal	Team / Individual	Level of competition (University / State / National / International)	Nature of competition (Sports / Cultural)	Name of the student(s)
	Wrestling 86 KG	Individual	Second Prize Inter University	Sports	Sarnoubat Mutojir Makbul
	Wrestling 92 KG	Individual	First Prize Inter Zone (University)	Sports	Sarnoubat Mutojir Makbul
	Wrestling 92 KG	Individual	First Prize Inter college (University)	Sports	Sarnoubat Mutojir Makbul
	Wrestling (Girko Roman 67 KG	Individual	Second Prize Inter college (University)	Sports	Khillar Mangesh Laxman
2022- 23	Wrestling (Girko Roman 82 KG	Individual	First Prize Inter College	Sports	Gore Pradeep Premnath
	Wrestling (Girko Roman 82 KG	Individual	First Prize Inter Zone	Sports	Gore Pradeep Premnath
	Javelin Throw	Individual	Third Prize Inter college (University)	Sports	Bagwan Sirajoddin Jahangir
	Dicscus Throw	Individual	Second Prize Inter College	Sports	Bagwan Sirajoddin Jahangir
	Dicscus Throw	Individual	Third Prize Inter college (University)	Sports	Kokate Nagarjun Ashok



In the academic year 2022-23, Shivneri Mahavidyalaya witnessed an impressive array of achievements in various sports disciplines, with notable performances in wrestling, javelin throw, and discus throw. Samoubat Mutojir Makbul exhibited exceptional skill and consistency in wrestling, securing the first prize in the 92 KG category at both the inter-zone and intercollege levels. Additionally, he earned the second prize in the 86 KG category at the Inter University level, further highlighting his prowess in the sport. Mangesh Laxman Khillar and Pradeep Premnath Gore displayed remarkable talent in Girko Roman wrestling, with Khillar securing the second prize in the 67 KG category at the inter-college level, while Gore clinched the first prize in the 82 KG category at both inter-college and inter-zone levels.

In the field events, Bagwan Sirajoddin Jahangir showcased his prowess by securing the third prize in javelin throw and the second and third prizes in discus throw at various inter-college and inter-university competitions. Additionally, Nagarjun Ashok Kokate earned the third prize in discus throw at the inter-college level, further contributing to the college's success in field events.

These achievements underscore the dedication, hard work, and talent prevalent among the students of Shivneri Mahavidyalaya. The success in various sports disciplines not only reflects the individual prowess of the athletes but also highlights the college's commitment to fostering a culture of excellence in sports. Such remarkable performances bring pride to the college and inspire other students to excel in their chosen sports, contributing to the overall sporting culture and reputation of the institution.

Mr. Sarnoubat Mutojir Makbul on his outstanding achievements in wrestling! It's truly commendable to secure the first prize in the 92 KG category at both the inter-zone and inter-college levels, and to additionally earn the second prize in the 86 KG category. His dedication, skill, and consistency are truly inspiring.

It's great that the university is recognizing his accomplishments and felicitating him. This kind of recognition motivates not only Mr. Muntojir but also other students to strive for excellence in their chosen fields.



Evidences of achievements in various sports disciplines and the university is recognizing Mr. Sarnoubat Mutojir accomplishments and felicitating.

On August 17th-18th, 2023, Shivneri Mahavidyalaya, Shirur Anantpal, transformed into a vibrant arena of athletic prowess as it hosted the A-Zone Intercollege Cross Country Championship I. 150 participants, representing various colleges in the region, converged, their energy electrifying the air. The scenic campus morphed into a challenging course, testing the runners' endurance and stamina. Dust flew as determined strides pounded the earth, eyes fixed on the finish line. Cheers erupted from enthusiastic crowds, fueling the athletes' spirits and urging them to unleash their inner champions. Beyond individual glory, the event fostered a spirit of camaraderie and sportsmanship. Athletes exchanged friendly banter, high-fived each other, and celebrated team and individual triumphs alike. This camaraderie extended beyond the finish line,

fostering connections and fostering a sense of community. The culmination saw deserving individuals and teams crowned in their respective categories. But the true victory lay in the spirit of participation, pushing personal boundaries, and building new friendships. Shivneri Mahavidyalaya's success in hosting this event cemented its commitment to promoting fitness, sportsmanship, and healthy competition within the student community. It wasn't just a race; it was an inspiration, igniting a passion for running and healthy living in generations to come.



Evidences of college organized A-Zone Inter-college Cross Country Championship



### Academic Year 2023-24

Shivneri Mahavidyalaya Blazes Trails with Cross Country Inter-Zone Championship. On August 17th and 18th, 2023, the air thrummed with determination and grit as Shivneri Mahavidyalaya, Shirur Anantpal, hosted the pulsating Cross Country Inter-Zone Championship. With 150 participants representing various colleges in the region, the event painted a vibrant picture of athletic spirit and healthy competition.

The scenic campus transformed into a testing ground for endurance and stamina, with athletes navigating a challenging course designed to push their limits. Dust flew as runners pounded the earth, their eyes focused on the finish line. Cheers erupted from the enthusiastic crowd, motivating participants to dig deeper and unleash their inner champions.

The event wasn't just about individual glory; it fostered camaraderie and sportsmanship among participating colleges. Athletes exchanged friendly banter, high-fived each other, and celebrated individual and team achievements alike. The camaraderie extended beyond the finish line, with participants relishing the opportunity to interact and learn from each other.

The culmination of the event saw deserving winners crowned in individual and team categories. But the true victory lay in the spirit of participation, the pushing of personal boundaries, and the forging of new friendships. The success of the Cross Country Inter-Zone Championship serves as a testament to Shivneri Mahavidyalaya's commitment to promoting a culture of fitness, sportsmanship, and healthy competition within the student community. It was an event that not only left its mark on the participants but also inspired future generations to embrace the spirit of running and healthy living.









# Evidences of college organized Inter zone Cross Country Championship

Shivneri Mahavidyalaya roars with pride! Three of its wrestling stars, Sarnoubat Mutojir Makbul (86kg), Gore Pradeep Premnath (92kg), and Salunke Ganesh Rajendra (87kg Greco-Roman), stepped onto the prestigious mat at the All India Interuniversity Wrestling Championship in Chandigarh University, Mohali.

Though individual results are unknown, their presence at this national-level event speaks volumes about their talent, dedication, and the strength of Shivneri's wrestling program. Facing stiff competition from across the country, these warriors battled it out, representing their college with unwavering spirit.

This milestone achievement reflects their relentless training, unwavering passion, and the unwavering support of Shivneri. It serves as an inspiration to aspiring athletes and a testament to

the college's commitment to fostering sporting excellence. Let's celebrate their journey and cheer them on to even greater triumphs!



# College student achievement of Gold medal and participation in All India Interuniversity Wrestling Championship in Chandigarh University, Mohali.

Note: Shivneri Mahavidyalaya is committed to fostering not just academic excellence, but also the physical and mental wellbeing of its students. We offer a range of facilities and activities to encourage a healthy lifestyle and provide opportunities for everyone to thrive.

## Daily Practice Made Easy:

Diverse Facilities: Whether you prefer indoor or outdoor activities, we have you covered. Our indoor game hall boasts facilities for table tennis, carrom, badminton, and more. If you crave sunshine, our extensive outdoor playground offers space for football, cricket, volleyball, and other team sports.

Equipped Gymnasium: Take your fitness to the next level with our modern gymnasium, featuring a variety of weight training equipment, cardiovascular machines, and free weights. Our dedicated trainers are always on hand to guide and motivate you.

Badminton Courts: Hone your skills or engage in friendly matches on our dedicated badminton courts.

# Celebrating International Yoga Day:

In recognition of the immense benefits of yoga, we celebrate International Yoga Day every year on June 21st with enthusiasm. This is a special occasion for both students and staff to come together, practice yoga postures, learn breathing techniques, and deepen their understanding of this holistic practice.



Diverse Facilities in the sport department

### Benefits of Our Commitment:

Improved Physical Fitness: Engaging in regular physical activity promotes overall health, strengthens the body, and boosts energy levels.

Enhanced Mental Wellbeing: Exercise combats stress, anxiety, and depression, leading to improved mood and increased focus.

Lifelong Skills: Learning different sports and activities instills valuable skills like teamwork, sportsmanship, and leadership.

Community Building: Sharing physical activities fosters a sense of belonging, creates stronger bonds between students and staff, and cultivates a supportive environment.

We encourage all students to take advantage of these facilities and participate in the activities offered. Remember, a healthy body leads to a healthy mind, and both are

# Problems Encountered and Resources Required:

- Limited budget: The department faces financial constraints, which restrict the purchase of new equipment and the organization of larger sporting events.
- Lack of dedicated coaching staff: Having a dedicated team of qualified coaches would enable us to provide more focused training and guidance to students.
- Infrastructure up gradation: Renovation of existing facilities and the development of new infrastructure like a swimming pool or an athletics track would further enhance the department's capabilities.
- Requirement for sponsorship or grants to support the participation of students in national and international-level competitions.
- Infrastructure improvements to accommodate a larger number of students during practice sessions and events.



## Academic Years' Highlights:

- Notable achievements in volleyball and wrestling in 2017-18.
- Remarkable performances in wrestling and taekwondo in 2018-19.
- Noteworthy achievements in wrestling, fencing, and taekwondo in 2021-22.
- Impressive displays in wrestling, javelin throw, and discus throw in 2022-23.

#### Conclusion:

Shivneri Mahavidyalaya's commitment to promoting holistic development through sports activities is evident in its successes and ongoing efforts. Despite challenges, the college continues to prioritize physical fitness, sportsmanship, and talent development, contributing to a vibrant sporting culture and nurturing future leaders in sports.

### Weblinks of Activities:

https://drive.google.com/drive/folders/1a6gEzgTVr9o6EJ5lBHrxH66Er94XgoQS?usp=drive\_link

WHERI COLLEGE # 12

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Shivneri Mahavidyalaya (Arts, Commerce & Scier Shirur Anantpal, Dist. Latur(: